



LOVE LOCAL DELIVERY MENU

APPS

SALSA & CHIPS	8
GUACAMOLE & CHIPS	10
5 LAYER DIP & CHIPS	15

SOME FREEZER ITEMS

CHILI - (2 servings)	10
TORTILLA SOUP – (2 servings)	12
TAMALE – (1 serving)	8

OLA MAINS

ENCHILADAS	20
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(CHOICE OF CHICKEN, PULLED BEEF, PULLED PORK OR VEGGIE)
3 stuffed tortillas topped with jack cheese, enchilada sauce (RED OR GREEN, queso fresco, crème fraiche and cilantro, served with rice and beans

CHICKEN & WAFFLE – FREEZER ITEM	22
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Spicy fried chicken and a serrano corn waffle served with black beans, enchilada sauce, charred corn pico, queso fresco,crème fraiche, chipotle maple syrup, quacamole, pickled onions and cilantro

STUFFED POBLANO – FREEZER ITEM	20
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Chicken or chorizo, topped with cheese, chipotle cream, served with rice and beans

DECONSTRUCTED CAMPASINO KIT - (Bowl of love) choice of Chicken, beef, pulled pork,tandoori chicken or vegetarian	20
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TACO TIME

TACO KIT- Deconstructed Family style (FOR 2)

(CHOICE OF CHICKEN, PULLED BEEF, PULLED PORK OR VEGGIE)

Make your own Tacos rice and beans included 40

TACO KIT- Deconstructed Family style (FOR 4)

(CHOICE OF CHICKEN, PULLED BEEF, PULLED PORK OR VEGGIE)

Make your own Tacos rice and beans included 75

OLA COMIDA FREEZER ITEMS

TOURTIERE- FRENCH CANADIAN MEAT PIE 15

CHICKEN POT PIE - CLASSIC STYLE 15

HALF CHORIZO LASAGNA (2-4 Servings) 15

CHORIZO LASAGNA (Large 4-6 Servings) 25

HALF SHEPPERDS PIE (Small- 2-3 Servings) 15

SHEPPERDS PIE (Large 4-6 Servings) 25

SWEETS FROM OUR FREEZER

CHURROS 12 mini Mexican Donuts 12

TARTE AU SUCRE – French Canadian sugar pie 8

****APPLICABLE TAXES NOT INCLUDED****

Please phone your orders in advance
@ 613.746.6222 before 4 pm
for same day of pick up or delivery